

Dear Friends

The fact that it's not Helga writing this editorial indicates something has happened, which indeed it has. In April 2018 Helga stood down as Managing Director. Helga and I have worked together since 1981. This was firstly in another local Christian Centre, then in forming a counselling team in our local church which 4 years later evolved into UCHM. She has been an inspirational leader for so very many people throughout these years. Her dedication towards fulfilling God's call to her and her passion to make this place a centre of excellence in counselling has never waned.

In 1992 standards began to come in to pastoral counselling when the Association of Christian Counsellors was formed. We quickly joined up as this was a real opportunity to ensure high standards in the care we were giving. As ACC developed and changed so did UCHM. Then we also aligned with what many see as the flagship for best practice in Counselling, BAC (British Association for Counselling – now BACP). One thing inspired us – that Christians should be as professionally trained as those training in colleges – but with the added dynamic of God's presence in the midst of the counselling for those clients who requested this.

Things evolve in life and the training certainly did. Helga gradually got courses accredited by ACC but then secularly accredited by Bilston Community College and National Open College Network. Helga was accredited as a counsellor by BACP but then was successful in getting accredited as a trainer. As the years have passed, the courses have been developed to a much higher level, giving the students all they need to apply for accreditation as counsellors with either ACC or BACP, and progress on to degree courses at Universities.

In 2000 Helga recognised there was an opportunity to validate the quality of the counselling service we offer by pursuing BACP Service accreditation. Maintaining this again has become more complex as the years have gone on, but we are still one of only eight BACP Accredited Services in Yorkshire and Humberside.

Perhaps many of you were aware of our journey, but as we stand today I wanted to reflect on the results of Helga's visionary leadership throughout the years. Her passion for people who are wounded and troubled to find a place of peace and healing has been her focus and to this end she has dedicated the last 26 years of her life to the Lord and UCHM.

I have recently been appointed CEO of the charity. I am very grateful that we have such a committed team and a solid management structure which brings stability in the organisation. As we move forward we continue to carry the torch which Helga has now passed on. Our faith remains an intrinsic part of UCHM but in every part of the work we work with people of different faiths or no faith.

Helga is keeping really well and an update from her is included. Her private counselling practice is really busy and she is looking forward to taking pastoral care out into the churches, which was where her heart was before UCHM came into being.

I ask you to pray for Helga and all of UCHM as we work to carry the ministry onwards, serving God and honouring all that Helga entrusted to us.

Liz

Good Morning

Good morning. I am God. Today I will be handling all of your problems.

Please remember that I do not need your help. If the devil happens to deliver a situation to you that you cannot handle, do not attempt to resolve it. Kindly put it in the SFJTD (something for Jesus to do) box. It will be addressed in MY TIME, not yours.

Once the matter is placed into the box, do not hold on to it or remove it. Holding on or removal will delay the resolution of your problem.

If it is a situation that you think you are capable of handling, please consult me in prayer to be sure that it is the proper resolution.

Because I do not sleep nor do I slumber, there is no need for you to lose any sleep. Rest my child.

If you need to contact me, I am only a prayer away.
Author Unknown –

You are invited to attend

UCHM's Annual Commissioning Service

**Please join us as we thank and praise God for
another year of His faithfulness and provision**

**Come and encourage our students as they receive their certificates and make new
commitments to serve and follow God and His will for their lives**

Tuesday November 6th 2018, 7.30 pm

**At Scapegoat Hill Baptist Church
School Lane, Scapegoat Hill, Huddersfield**

The Colour of Friendship

Once upon a time the colors of the world started to quarrel. All claimed that they were the best. The most important. The most useful. The favourite.

Green said:

"Clearly I am the most important. I am the sign of life and of hope. I was chosen for grass, trees and leaves. Without me, all animals would die. Look over the countryside and you will see that I am in the majority."

Blue interrupted:

"You only think about the earth, but consider the sky and the sea. It is the water that is the basis of life and drawn up by the clouds from the deep sea. The sky gives space and peace and serenity. Without my peace, you would all be nothing."

Yellow chuckled:

"You are all so serious. I bring laughter, gaiety and warmth into the world. The sun is yellow, the moon is yellow, the stars are yellow. Every time you look at a sunflower, the whole world starts to smile. Without me there would be no fun."

Orange started next to blow her trumpet:

"I am the colour of health and strength. I may be scarce, but I am precious, for I serve the needs of human life. I carry the most important vitamins. Think of carrots, pumpkins, oranges, mangoes and papayas. I don't hang around all the time, but when I fill the sky at sunrise or sunset, my beauty is so striking that no one gives another thought to any of you."

Red could stand it no longer. He shouted out:

"I am the ruler of all of you. I am blood - life's blood! I am the colour of danger and of bravery. I am willing to fight for a cause. I bring fire into the blood. Without me, the earth would be as empty as the moon. I am the colour of passion and of love, the red rose, the poinsettia and the poppy."

Purple rose up to his full height. He was very tall and spoke with great pomp:

"I am the colour of royalty and power. Kings, chiefs and bishops have always chosen me, for I am the sign of authority and wisdom. People do not question me! They listen and obey."

Finally **Indigo** spoke, much more quietly than all the others, but with just as much determination:

"Think of me. I am the colour of silence. You hardly notice me, but without me you all become superficial. I represent thought and reflection, twilight and deep water. You need me for balance and contrast, for prayer and inner peace."

And so the colours went on boasting, each convinced of his or her own superiority. Their quarrelling became louder and louder.

Suddenly there was a startling flash of bright lightening.

Thunder rolled and boomed. Rain started to pour down relentlessly. The colours crouched down in fear, drawing close to one another for comfort. In the midst of the clamour, rain began to speak: "You foolish colours, fighting amongst yourselves, each trying to dominate the rest. Don't you know that you were each made for a special purpose, unique and different? Join hands with one another and come to me."

Doing as they were told, the colours united and joined hands. The rain continued: "From now on, when it rains, each of you will stretch across the sky in a great bow of colour as a reminder that you can all live in peace. The Rainbow is a sign of hope for tomorrow."

And so, whenever a good rain washes the world, and a Rainbow appears in the sky, let us remember to appreciate one another.

- Author Unknown -



UCHM Counsellor Training Courses

INTERMEDIATE CERTIFICATE IN COUNSELLING Level 3

Integrates the Christian faith with good, professional , trained and accredited counselling

27 credits at Level 3

COMMENCING SEPTEMBER 2018

Enrolment criteria for course entry includes:

Previous training and successful completion of a UCHM Level 2 or equivalent plus an interview

On completion you will gain a Level 3 in Counselling Skills

Progress to Level 4

ADVANCED DIPLOMA IN COUNSELLING Level 4

A distinctive Christian Counsellor Training Programme integrating spirituality with Person Centred Counselling Skills and Psychodynamic Insight
60 credits at Level 4

This course meets all the National Level 4 Diploma standards and criteria requirements, and is therefore suitable for both Christian and Secular counsellor training

COMMENCING SEPTEMBER 14TH 2018

Enrolment criteria for course entry includes:

Previous training and successful completion of a UCHM Level 3 or equivalent plus an interview

For further information please contact: Tel/Fax: 01484 461098, E Mail
training@uchm.org
Web site www.uchm.org



(See Exodus 14)

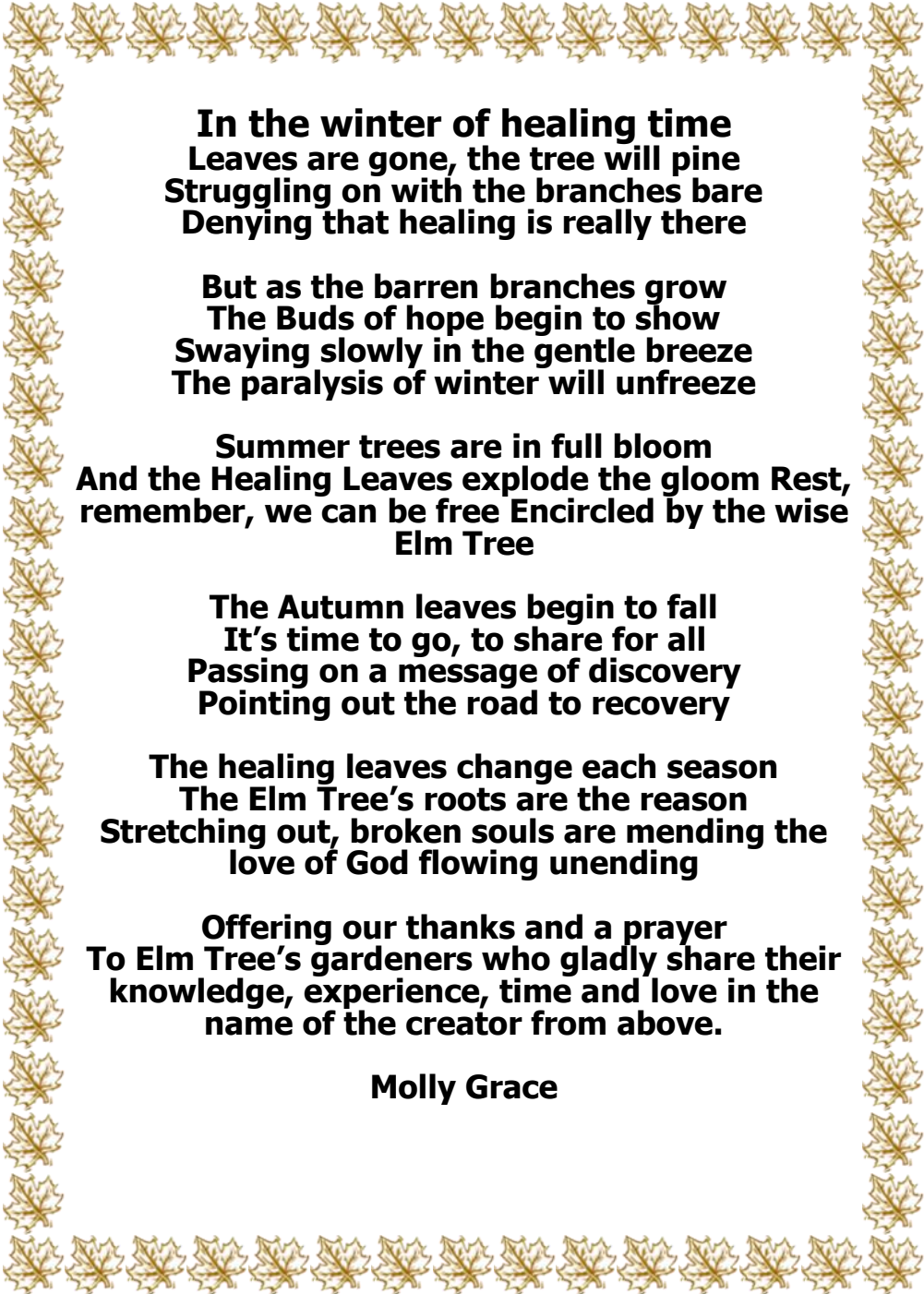
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I THINK THAT YOU HAVE SOME SERIOUS FAITH ISSUES

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www.glasbergen.com



"I downloaded them from a cloud."



**In the winter of healing time
Leaves are gone, the tree will pine
Struggling on with the branches bare
Denying that healing is really there**

**But as the barren branches grow
The Buds of hope begin to show
Swaying slowly in the gentle breeze
The paralysis of winter will unfreeze**

**Summer trees are in full bloom
And the Healing Leaves explode the gloom Rest,
remember, we can be free Encircled by the wise
Elm Tree**

**The Autumn leaves begin to fall
It's time to go, to share for all
Passing on a message of discovery
Pointing out the road to recovery**

**The healing leaves change each season
The Elm Tree's roots are the reason
Stretching out, broken souls are mending the
love of God flowing unending**

**Offering our thanks and a prayer
To Elm Tree's gardeners who gladly share their
knowledge, experience, time and love in the
name of the creator from above.**

Molly Grace

Prayer Diary

JUNE

4th	Intermediate Certificate in Counselling Level 3
5th	Advanced Diploma in Counselling Level 4 Year 1
5th	UCHM Monthly Worship
7th	Trustees Meeting
12th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
13th	Managers meeting
19th	Advanced Diploma in Counselling Level 4 Year 1 Group Supervision
15th & 16th	Working with Homosexuality Part of the Level 4 Year 2
26th	Advanced Diploma in Counselling Level 4 Year 2
26th	Annual Course Meeting

JULY

3rd	UCHM Monthly Worship Trustees Meeting Managers meeting
3rd	Advanced Diploma in Counselling Level 4 Year 1
10th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
11th	Managers Meeting
17th	Advanced Diploma in Counselling Level 4 Year 1 Group Supervision
24th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
31st	Advanced Diploma in Counselling Level 4 Year 1 Group Supervision

AUGUST

27th	August Bank Holiday
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How Much Does a Prayer Weigh

A poorly dressed lady with a look of defeat on her face, walked into a grocery store. She approached the owner of the store in a most humble manner and asked if he would let her charge a few groceries. She softly explained that her husband was very ill and unable to work. They had seven children and they needed food.

The grocer, scoffed at her and requested that she leave his store. Visualizing the family needs, she said: "Please, sir! I will bring you the money just as soon as I can." The grocer told her he could not give her credit, as she did not have a charge account at his store.

Standing beside the counter was another customer who overheard the conversation between the two. The customer walked forward and told the grocer that he would stand good for whatever she needed for her family.

The grocer said in a very reluctant voice, "Do you have a grocery list?" She replied, "Yes sir." "Okay" he said, "put your grocery list on the scales and whatever your grocery list weighs, I will give you that amount in groceries."

She hesitated a moment with a bowed head. Then she reached into her purse and took out a piece of paper and scribbled something on it. She then laid the piece of paper on the scale carefully with her head still bowed.

The eyes of the grocer and the customer showed amazement when the scale went down and stayed down. The grocer, staring at the scales, turned slowly to the customer and said begrudgingly, "I can't believe it." The customer smiled and the grocer started putting the groceries on the other side of the scales.

The scale did not balance so he continued to put more and more groceries on them until the scales would hold no more. The grocer stood there in utter disgust.

Finally, he grabbed the piece of paper from the scales and looked at it with greater amazement. It was not a grocery list. It was instead a prayer which said: "Dear Lord, you know my needs and I am leaving this in your hands."

The grocer gave her the groceries that he had gathered and stood in stunned silence. Louise thanked him and left the store. The customer handed over the money to the grocer and said, "It was worth every penny of it."

It was sometime later that the grocer discovered the scales were broken; therefore, only God knows how much a prayer weighs.

- Author Unknown -

When I Got to Heaven

I was shocked, confused, bewildered as I entered Heaven's
door

Not by the beauty of it all by the lights or its decor.

But it was the folks in Heaven who made me sputter and
gasp

The thieves, the liars, the sinners the alcoholics, the trash.

There stood the kid from seventh grade who swiped my
lunch money twice

Next to him was my old neighbour who never said anything
nice.

Uncle Bill, who I always thought was rotting away in hell
Was sitting pretty on cloud nine looking incredibly well.

I nudged Jesus, "What's the deal? I would love to hear Your
take

How'd all these sinners get up here?
God must have made a mistake."

"And why is everyone so quiet so sombre? Please give me a
clue."

"Hush, child," said He.

"They're all in shock No one thought they'd see you!"

Kids Say the Funniest Things



When a mother saw a thunderstorm forming in mid-afternoon, she worried about her seven-year-old daughter who would be walking the three blocks from school to home. Deciding to meet her, the mother saw her daughter walking nonchalantly along, stopping to smile whenever lightning flashed. Seeing her mother, the little girl ran to her, explaining happily, "All the way home, God's been taking my picture!"

A father was reading Bible stories to his young son. He read, "The man named Lot was warned to take his wife and flee out of the city, but his wife looked back and was turned to salt." His son asked, "What happened to the flea?"

A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible -- Psalm 23. She gave the youngsters a month to learn the verse. Little Bobby was excited about the task, but he just couldn't remember the Psalm. After much practice, he could barely get past the first line. On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Bobby was so nervous. When it was his turn, he stepped up to the microphone and said proudly, "The Lord is my shepherd . . . and that's all I need to know!"





A Little Mixed Up

Just a line to say I'm living that I'm not among the dead
Though I'm getting more forgetful and mixed up in the head.

I've got used to my arthritis to my dentures I'm resigned
I can manage my bifocals but oh how I miss my mind.

For sometimes I can't remember when I stand at the foot of the
stairs
If I must go up for something or if I've just come down from
there.

And before the fridge, so often my poor mind is filled with doubt
Have I just put food away, or have I come to take some out.

And there are times when it is dark with my nightcap on my head
I don't know if I'm retiring or just getting out of bed.

So if it's my turn to write you there's no need of getting sore
I may think that I have written and don't want to be a bore.

So remember I do love you and I wish you were near
But now it's nearly mail time so I must say "Goodbye Dear."

There I stood beside the mailbox with a face so very red
Instead of mailing you my letter I opened it instead!

- Author Unknown -

Beechwood Court, Conwy & The Pleasaunce, Cromer

Conwy - United Kingdom

Set in stunning locations, Beechwood Court in Conwy, North Wales and The Pleasaunce near Cromer, Norfolk are ideal for individual & family holidays; group & Church fellowship weekends; themed breaks; solo holidays; study times; and retreat.

Contact
01492593404

Website
www.cehc.org.uk

The Ox House Holiday Cottages

North Somerset - United Kingdom

The Ox House Holiday Cottages comprise 5 cottages set within our 200 acre livestock farm situated in a peaceful countryside/coastal location rich in wildlife/birds. Surrounded by lovely countryside a short drive to the pretty seaside town of Clevedon

Contact
Diane Kingcott - 01934833188

Website
www.oxhousecottages.co.uk

<https://www.christianholidayguide.co.uk/>

Shopping!

Do you shop online?

Raise money with those last minute Christmas gifts and anything else



It's very simple - just visit

[http://](http://www.easyfundraising.org.uk/causes/uchm/)

www.easyfundraising.org.uk/causes/uchm/ to register and shop with over 2000 well known retailers like Amazon, Argos, M&S, eBay and many more.

Whenever you go to shop, visit Easyfundraising first and click through to the retailer who will make a donation to UCHM.

We have just received a payment for £18.05 for the last quarter and so far this has raised nearly £400

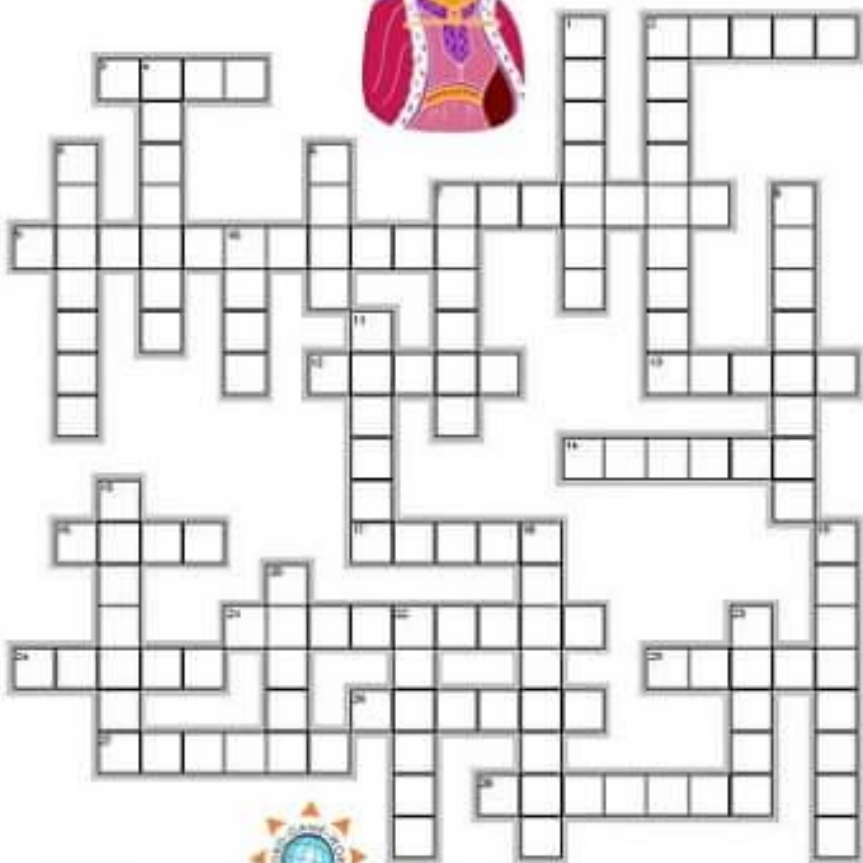


We'd be really grateful if you could use easyfundraising too. It won't cost you a penny extra to shop and you can even save money with special offers and voucher codes.

So please make a difference and take a look at easyfundraising today -

<http://www.easyfundraising.org.uk/causes/uchm/>

The Story of Esther



Answers on Page 22

Across

2. Number of days the king's banquet lasted before his queen was deposed
3. The king offered this portion of his kingdom to Esther.
7. The king's second edict allowed the Jewish people to ____ themselves.
9. Esther's cousin uncovered a plan to ____ the king.
12. Celebration that marks the month when Jewish sorrow was turned to joy
13. Pompous royal official to whom everyone was told to bow
14. Queen who refused to obey the King's summons
16. What Esther did for 3 days before approaching the king
17. Beautiful girls were brought into the king's ____.
21. Where Esther's cousin often waited to learn about her status
24. What the King set upon Esther's head
25. Xerxes ruled from ____ to Cush.
26. Esther kept her family background ____ from the king.
27. Type of ring used by the king to seal all orders
28. Event to which Esther invited the King before she presented her petition

Down

1. One could only appear before the king if the king extended his ____.
2. What Esther's cousin wore when he learned of the deadly edict
4. Name of Esther's father
5. The king wanted to teach all women to ____ their husbands.
6. Banquet beverage
7. A decree was written in the laws of ____ and Media.
8. Tribe from which Esther's family was descended
10. Capital from which the King ruled on his throne
11. Hegai was the king's ____, placed in charge of the women.
15. Where two disloyal officials were hung
18. The cousin who had raised Esther
19. Esther's alternate name
20. A robe and ____ were to be given to the man the king chose to honor.
22. Number of months of beauty treatments prescribed before women were allowed to go to the king
23. An ____ was decreed to annihilate the Jewish people.

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DEWSBURY TOWN HALL

Wakefield Old Road
Dewsbury. WF12 8DG
T: 01924 324501

Dewsbury Collegians present
Sister Act!

Wed 13th to Sat 16th June 7.15pm
Not to be missed - "Sister Act", the feel-good smash
hit musical based on the Whoopi Goldberg film.
Tickets from £12

HUDDERSFIELD TOWN HALL, HUDDERSFIELD **01484 221900**

Thu 21st Jun at 7:30pm
Johnny Cash Roadshow

Johnny Cash tribute featuring Clive John as the Man In Black.
This is the number one Johnny Cash experience, delivering all the
hits including Ring Of Fire, Boy Named Sue, Folsom Prison Blues,
Man In Black, One Piece At A Time, Sunday Morning Coming
Down, Hurt and many more from throughout Johnny Cash's long
care

Slaithwaite Philharmonic Orchestra - **Sweeney Todd**

Huddersfield Town Hall
30/06/2018 19:00

We conclude with a full performance of the masterpiece Sweeney
Todd by Sondheim, uniting vocalists, chorus and dancers from
across the region... Be warned though: you may never eat a
meat pie or visit the hairdresser in the same way again...

Wanted

Electrical Goods

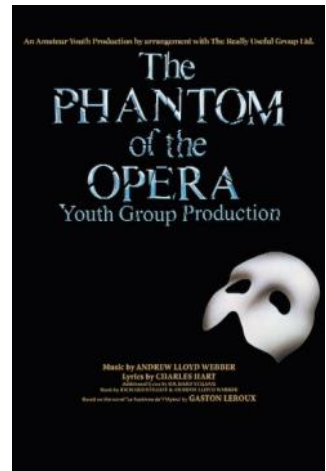
We are always needing small electrical items to sell in the shop - if you have any you no longer need then please donate them for us to sell on. These are then PAT tested and then put out for sale.



CLECKHEATON TOWN HALL

The Phantom of the Opera
Spenborough Amateur Youth
Society present The Phantom of
the Opera - A Youth Group
Production

12/07/2018 19:15
01274 335030



**Father's Day
Sunday June 17th 2018**



UCHM Magazine/Newsletter Articles

UCHM would welcome contributions by individuals for our magazine/newsletter. If you would like to contribute to the magazine with an article, testimony or poem, please email uchm@uchm.org

Please also let us know if you would like to remain anonymous
with the word NEWSLETTER in the subject box

Lawrence Batley

01484 430528

boxoffice@thelbt.org

Queen's Square, Queen Street, Huddersfield, HD1 2SP

Now Lets Dance

Saturday, 14 July 2018 - 6:30pm

Sunday, 15 July 2018 - 1:30pm

The Audrey Spencer School of Dance is proud to present a dance extravaganza, showcasing the super talents of its pupils from little tiny tots up to advanced dancers.

Lost and Found



Age recommendation: 3-8 years

Saturday, 4 August 2018 - 11:00am - 2:00pm

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

11 September 2018 - 7:30pm to Saturday,

15 September 2018 - 7:30pm

UCHM NEWS

TEAM NEWS

Ian Summerskill has finished his time as a CPD counsellor working at the Meltham Surgery due to work commitments. We thank Ian for what he has done, and wish him well for the future.

Our handyman John has transferred his volunteering from the centre to the charity shop. We shall miss him but we are pleased the shop has gained from our loss.

We are thankful that Jo Hamer has volunteered to work in the office in addition to her counselling placement and has taken on the role of looking after the library.

DONATIONS

A big thank you to Peter Barraclough who has asked for donations for UCHM in lieu of birthday presents and raised £270.00.

Thank you also to the Trawler Fish and Chip Shop in Milnsbridge who donated the contents of their change jar amounting to £8.30.

Answers to Crossword on page 16

Across:

2. SEVEN 3. HALF 7. PROTECT 9. ASSASSINATE
12. PURIM 13. HAMAN 14. VASHTI 16. FAST 17. HAREM
21. COURTYARD 24. CROWN 25. INDIA 26. SECRET
27. SIGNET 28. BANQUET

Down:

1. SCEPTER 2. SACKCLOTH 4. ABIHAIL 5. RESPECT
6. WINE 7. PERSIA 8. BENJAMIN 10. SUSAN 11. EUNUCH
15. GALLOWS 18. MORDECAI 19. HADASSAH 20. HORSE
22. TWELVE 23. EDICT

PURPOSE

ENCOUNTER. CONNECT. REFUEL. GO.

A Christian festival for all the family

Lincolnshire Showground LN2 2NA

Friday 24th - Tuesday 28th August 2018

Gates open at 10:00am on Friday 24th August
Event concludes at 7:00pm on Tuesday 28th August

Contact: 01522 542 166
admin@groundlevel.org.uk

Circle us, Lord,
with arms of love,
and rid our hearts of fear.
Circle us, Lord,
with Spirit's power,
and cast aside despair.
Circle us, Lord,
with words of peace,
sufficient for each hour.
Circle us, Lord.
Circle us, Lord.



©John Birch, faithandworship.com



VOLUNTEERS NEEDED! CAN YOU HELP?

Receptionists:

We are looking for gifted workers who could do a minimum of half a day or an evening in the office. Duties would include answering the telephone and greeting visitors, and assisting with the admin workload of the centre.

Charity Shop Volunteers:

If you are able to offer half a day or more to work in our charity shop and like working with people. Duties would include sorting stock, and dealing with customers.

If you are interested in volunteering for any of these or would like to see if we have other vacancies then please contact the centre on **01484 461098** or email **uchm@uchm.org**